



Zero Waste Blue

TOURIST ITINERARY
KING OF UČKA

-Groups

**THE OPATIJA
RIVIERA**



European Regional Development Fund

THE OPATIJA RIVIERA

TRADITION,
GASTRONOMY,
CULTURE,
HEALTH



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GASTRONOMY,
CULTURE,
HEALTH

Due to its refined architecture and lavish parks filled with flora from all around the globe, its exceptionally mild climate and rich hotel and restaurant offer, Opatija Riviera is the must-see destination for many visitors.

Enjoy discovering the beauties of the Opatija Riviera, its unique churches, elegant villas, and beautifully arranged parks. Experience the Mediterranean and hundreds of years old tradition of this region. Meet its natural beauties which have been attracting visitors for many decades. Explore its gastronomy based on local ingredients and "little secrets" passed on from grandmother to grandchild. All of this is joined together in a unique blend of this world-renowned tourist haven and its yet "undiscovered" rural outback.

Autumn in Opatija is special. The colour palette, the abundance of the autumn fruits and the diversity of local events and festivals will not leave you indifferent. Try everything that is being offered, feel delightful, fill your batteries and fall in love with Opatija.

- 7 bed and breakfast nights in a 3* / 4* / 5* hotel
- Assistance in arranging transfers for both organisers and guests
- Adapted activities and extra assistance for disabled persons
- Menus adjusted to persons with special dietary habits
- Professional service and assistance by licensed tourist guides in Croatian and English language
- High-end day trips



THE OPATIJA RIVIERA

OPATIJA

ARRIVAL

DAY 1



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OPATIJA

ARRIVAL

DAY 1

Welcome to Opatija!

Check-in at a hotel and a welcome drink. Time off for individual programs.

Opatija sightseeing in the evening.

Recommendation:

One of the most recognisable autumn symbols of the region is the Marun chestnut, a noble sort of sweet chestnuts that can be found in the Opatija outskirts – the small town of Lovran and the slopes on the Učka Mountain. The Marun picking season starts in early fall. The gourmands value it as an exceptional delicacy and use it to create various dishes and desserts.

Do not hesitate to try some of them in the Millenij Choco World - the sweetest corner of the Hotel Continental. This small “chocolate factory” is proud to present you with the variety of sweet bites and offers a unique opportunity to observe their production, in real-time.



THE OPATIJA RIVIERA

IČIĆI - UČKA

KING OF UČKA

DAY 2



THE OPATIJA RIVIERA

IČIĆI - UČKA

KING OF UČKA

DAY 2

Conquer Učka!

After a delicious breakfast, we are leaving to take part in King of Učka bike race.

King of Učka is a recreational road bike race which leads you from Ičići on the sea level, to the highest peak of Učka mountain – Vojak (1396m).

Whether you are a professional cyclist, an amateur or just a weekend warrior, this climb will leave you literally breathless. To get to the top you will have to make a substantial effort, squeeze those pedals really hard and get through a lot of sweat and fatigue. However, you will be rewarded with a gorgeous view from the mountain top, a fantastic downhill ride back to the sea and the immense feeling of satisfaction.



THE OPATIJA RIVIERA

OPATIJA

LUNGOMARE

VOLOSKO

DAY 3



THE OPATIJA RIVIERA

OPATIJA

LUNGOMARE

VOLOSKO

DAY 3

Seize the day to relax!

The exhausting bike race is followed by a relaxing day. Spending time in fresh air filled with the gentle taste of aerosol, rich in iodine and sea salt, is the perfect recipe for health – a fact that was recognised 130 years ago when Opatija received the title of a royal sanatorium.

This is why we suggest a seaside walk on the famous Franz Joseph promenade from Opatija towards Volosko. Popularly known as Lungomare, this seaside walk was built on the threshold of the 20th century, in the actual period of touristic flourishing of Opatija. Ever since, it has been the favourite walk both for locals and their guests, a motif on numerous photographs and art pictures and an essential part of Opatija skyline when observed from the sea.

Spend a moment or two in reading the historical markers devoted to famous historical personalities that have spent time in Opatija, enjoy the view of the bay and the sea waves crashing on the rocks on one side, and the Art-deco villas built by famous Viennese architects on the other side.

When arriving in Volosko, the crest of Croatian gastronomy, don't miss out on the opportunity to visit some of the numerous bars and restaurants and taste the exceptional Mediterranean cuisine based on fresh fish and local ingredients any time of year!

Recommendation:

Volosko is the home of Plavi Podrum (Blue Basement), the only Croatian restaurant that has entered San Pellegrino top 100 restaurants choice – twice!



THE OPATIJA RIVIERA

RIJEKA

CITY BREAK

DAY 4



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RIJEKA

CITY BREAK

DAY 4

Spend a day in Rijeka!

You can start a visit to Rijeka, the biggest Croatian port, by taking a walk down the Korzo, the main pedestrian street, and the city's main artery. Visit the nearby local landmarks – the monumental Saint Vitus Cathedral, The Old Gate (the old Roman arch) and Leaning Tower of Rijeka, the medieval bell tower with a 40cm leaning tilt. Be sure to stop by picturesque Rijeka Market and architecturally fascinating Rijeka Fish Market dating from the 19th century. Take a peek into the intriguing WWII underground army tunnels II situated in the city's very centre.

Leave your afternoon free for visiting Trsat, where you'll find the oldest Croatian Marian shrine. End your day by paying a visit to the landmarking medieval fortification of Trsat Castle where you can enjoy the unforgettable sunset with the most splendid vista of Kvarner bay while sipping your favourite beverage.

Recommendation:

Rijeka is the European Capital of Culture of 2020. Be a part of its vibrant cultural program. Explore the details at www.rijeka2020.eu/eu



THE OPATIJA RIVIERA

OPATIJA - KRK -
- CRES - OPATIJA

FISH PICNIC

DAY 5



THE OPATIJA RIVIERA

OPATIJA - KRK -
- CRES - OPATIJA

FISH PICNIC

DAY 5

Sail the Kvarner Bay!

We leave Opatija and sail towards the Krk Island with a stop in Malinska (a favourite destination of the 19th century Vienna aristocracy), followed by a visit to the Cres Island. Authentic fish lunch and consumption of non-alcoholic beverages and fruits are available for all the guests during the boat ride. The trip is spiced by the musical entertainment featuring local accordion players, guaranteeing this trip goes down as memorable!

We arrive at Cres Island where we stop to visit the picturesque town of Beli and enjoy the romantic sunset, during the return trip to Opatija.

Recommendation:

Experience the unforgettable zipline ride over the Beli beach.



THE OPATIJA RIVIERA

THE TOWN OF KASTAV

AND AUTUMN
GARDENING

DAY 6



THE OPATIJA RIVIERA

THE TOWN OF KASTAV AND AUTUMN GARDENING DAY 6

Visit ancient Kastav!

A poet once said Kastav is situated "above the sea, like a hawk".

We suggest a tour of the Old Town, and a visit to the local museum "House of Belica" dedicated to the importance of viticulture and winemaking in the history of Kastav with an accent on the Belica sort, as a living cultural heritage of this region. The tour includes a presentation of the historical exhibits, as well as the presentation and tasting of Belica.

At the bottom of Kastav, we will meet Ana who grows health food in her biodynamic garden. The next three hours in the company of Ana will be all about learning about soil, cultivation and treatment, plants, herbs, slurries, and tools. We will be rewarded with a rich and tasty meal made from the ingredients grown in Ana's garden. The menu will feature only the organically grown foods, chosen and prepared "a la Autumn", making this meal a nutritively perfect preparation for the winter season.



THE OPATIJA RIVIERA

OPATIJA

FEEL & TASTE
EXPERIENCE

RUMAC & DEPOLI

DAY 7



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FEEL & TASTE EXPERIENCE

RUMAC & DEPOLI

DAY 7

Feel&taste the tradition!

Before the luxuries of modern technology, everyday life in the Opatija region was completely in tune with nature, its rhythm, and dynamics. Experience the traditional ways of living on the small family-run farm Rumac, located in the hinterland of the Kvarner Bay.

Aside from the vines that they grow to make Malvazi-ja, Muskat, and Chardonnay, our hosts grow their own olives, as well as apples from which they produce exceptional jams.

With a combination of their awarded wines and a beautiful sea view, you are in for an unforgettable experience! We will try making wicker baskets, or have a sip of the homemade grappa distilled in a konoba, or simply take a walk along the paths by which the hardworking milk ladies used to bring the milk down from the mountains.

Upon your return to Opatija, make sure you stop at the family Depoli farm, taste their honey and various honey products, and visit their "bees hotel."



THE OPATIJA RIVIERA

GOODBYE!

DAY 8

After breakfast, check out from the hotel.



European Regional Development Fund

Excursions

TREBIŠČA HISTORICAL AND MYTHOLOGICAL TRAIL

When our Slavic ancestors have begun inhabiting this area back in the 7th century, they were still pagans. Perun the God of Thunder, rugged Veleš, wet Mokoš, green Jarilo, and icy Morana are just some of the gods and goddesses that represented the forces of nature, helping the ancient Slaves to explain the world they lived in.

Come and meet the ancient forgotten fables in the picturesque village Trebišča, situated in the canyon above Mošćenička Draga.

Included for organised groups of minimum 20 people:

- expert guidance provided by an archaeological specialist in English
- a theatre show by the forrest theatre group "Perunika"
- lunch, wine, water and aperitif
- a visit to Interpretation Centre of the Slavic mythology
- on-spot spring water to refresh the body and mind



Excursions

EXCURSION GORSKI KOTAR

FUŽINE

We suggest a trip to the hinterland of Rijeka and Opatija, to a small town of Fužine surrounded by the picturesque mountains, silent thick woods, and beautiful lakes.

Here you can visit the Vrelo cave. With a previous announcement and reservation, you can also visit "City of Roswell" – a little town built for the purpose of filming the Winnetou movies – where you can participate in the entertaining cowboy activities. Or you can simply relax, walking or riding in a romantic carriage along the shores of Bajer and Lepenica lakes.

Recommendation:

Vrelo Ranch is located close to Fužine's centre where, with a previous announcement, you can arrange horseback riding or simply enjoy wandering around the ranch that's home to horses and other domestic animals.



Calendar Of Events

END OF SEPTEMBER, BEGINING OF OCTOBER

Lokve | CAVE NIGHT

A night tour of the Golubinjak woods and the Lokvarke Cave – the deepest cave in Croatia – under the lights of torches. After the tour, all the participants will be offered a cep omelette and tea.

FIRST WEEKEND IN OCTOBER

Kastav | BELA NEDEJA FETE

Kastav is proud of its Bela nedeja Fete, the biggest town tradition going back more than 600 years. This event, that takes place every first weekend in October and celebrates new wine with rich additional programs, attracts tens of thousands of visitors from all generations.