



Zero Waste Blue

TOURIST ITINERARY
KING OF UČKA
- Individual Visitors

**THE OPATIJA
RIVIERA**



European Regional Development Fund

THE OPATIJA RIVIERA

TRADITION,
GASTRONOMY,
CULTURE,
HEALTH



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Due to its refined architecture and lavish parks filled with flora from all around the globe, its exceptionally mild climate and rich hotel and restaurant offer, Opatija Riviera is the must-see destination for many visitors.

Enjoy discovering the beauties of the Opatija Riviera, its unique churches, elegant villas, and beautifully arranged parks. Experience the Mediterranean and hundreds of years old tradition of this region. Meet its natural beauties which have been attracting visitors for many decades. Explore its gastronomy based on local ingredients and "little secrets" passed on from grandmother to grandchild. All of this is joined together in a unique blend of this world-renowned tourist haven and its yet "undiscovered" rural outback.

Autumn in Opatija is special. The colour palette, the abundance of the autumn fruits and the diversity of local events and festivals will not leave you indifferent. Try everything that is being offered, feel delightful, fill your batteries and fall in love with Opatija.

- 7 bed and breakfast nights in a 3* / 4* / 5* hotel
- Assistance in arranging transfers for both organisers and guests
- Adapted activities and extra assistance for disabled persons
- Menus adjusted to persons with special dietary habits
- Professional service and assistance by licensed tourist guides in Croatian and English language
- High-end day trips



THE OPATIJA RIVIERA

OPATIJA

ARRIVAL

DAY 1



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OPATIJA

ARRIVAL

DAY 1

Welcome to Opatija!

Check-in at a hotel and a welcome drink. Time off for individual programs.

Opatija sightseeing in the evening.

Recommendation:

One of the most recognisable autumn symbols of the region is the Marun chestnut, a noble sort of sweet chestnuts that can be found in the Opatija outskirts – the small town of Lovran and the slopes on the Učka Mountain. The Marun picking season starts now, in early fall. The gourmands value it as an exceptional delicacy and use it to create various dishes and desserts.

Do not hesitate to try some of them in the Millenij Choco World – the sweetest corner of the Hotel Continental. This small “chocolate factory” is proud to present you with the variety of sweet bites and offers a unique opportunity to observe their production, in real-time.



THE OPATIJA RIVIERA

IČIĆI - UČKA

KING OF UČKA

DAY 2



THE OPATIJA RIVIERA

IČIĆI - UČKA

KING OF UČKA

DAY 2

Conquer Učka!

After a delicious breakfast, we are leaving to take part in King of Učka bike race.

King of Učka is a recreational road bike race which leads you from Ičići on the sea level, to the highest peak of Učka mountain – Vojak (1396m).

Whether you are a professional cyclist, an amateur or just a weekend warrior, this climb will leave you literally breathless. To get to the top you will have to make a substantial effort, squeeze those pedals really hard and get through a lot of sweat and fatigue. However, you will be rewarded with a gorgeous view from the mountain top, a fantastic downhill ride back to the sea and the immense feeling of satisfaction.



THE OPATIJA RIVIERA

OPATIJA

LUNGOMARE

VOLOSKO

DAY 3



OPATIJSKA RIVIJERA

OPATIJA

LUNGOMARE

VOLOSKO

DAN 3

Seize the day to relax!

We suggest a seaside walk on the famous Franz Joseph promenade. Popularly known as Lungomare, this seaside walk was built on the threshold of the 20th century, in the actual period of touristic flourishing of Opatija. Ever since it has been the favourite walk both for locals and their guests.

Starting from Slatina toward Volosko you will get to know many of the Opatija highlights, such as the Maiden with the Seagull – the famous background for many tourist photos, or the Angiolina botanical gardens and the villa carrying the same name.

Spend a moment or two in reading the historical markers devoted to famous historical personalities that have spent time in Opatija, enjoy the view of the bay and the sea waves crashing on the rocks on one side, and the Art-deco villas built by famous Viennese architects on the other side. Upon your arrival in Volosko, explore narrow streets and stone steps with many art ateliers and galleries.

Recommendation:

Because of its many restaurants, Volosko is at the crest of Croatian gastronomy. Don't miss out on the opportunity to taste the exceptional Mediterranean cuisine that is based on fresh fish and local ingredients any time of year! Enjoy the seasonal offer of meat, fish and sea fruits (shrimps, prawns, shells), chestnuts, pumpkins, mushrooms and domestic apples and grapes prepared in the most creative ways by chefs of Opatija.



THE OPATIJA RIVIERA

OPATIJA

FEEL & TASTE
EXPERIENCE

PERIŠIĆ & DEPOLI
DAY 4



THE OPATIJA RIVIERA

OPATIJA

FEEL & TASTE EXPERIENCE

PERIŠIĆ & DEPOLI DAY 4

Feel&taste the tradition!

Before the luxuries of modern technology, everyday life in the region was completely in tune with nature, its rhythm, and dynamics. We invite you to experience this authentic vicinity to nature during our visit to the family-run Perišić farm in Sveti Petar u Poljanama.

The homey atmosphere of a family Perišić's konoba (cellar) is the right place to sample excellent home-made products such as olive oil, fruits, and vegetables. Besides growing many crops, this large farm has a pond with fish that can be fed during your visit.

You can taste wines made by Josip Perišić the "old fashioned" way and see the well-kept "tornica", an old fashioned and traditional addition to the main house with a fireplace that was used as a kitchen in the past!

Upon your return to Opatija, make sure you stop at the family Depoli farm, taste their honey and various honey products, and visit their "bees hotel."

Recommendation:

Family farm Perišić is famous for its Maruni chestnuts. Spend an autumn day collecting them in the forest, followed by a tasting accompanied by your host, Mr. Josip Perišić.



THE OPATIJA RIVIERA

ISLAND KRK

ZIPLINE EDISON
RESTAURANT RIVICA

DAY 5



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ISLAND KRK

ZIPLINE EDISON
RESTAURANT RIVICA
DAY 5

Visit the Golden Island!

Krk is both the island and a sort of peninsula, as it is connected with the mainland by a 1430 meter long bridge. Travelling around Krk – the Golden Island as it was named in Roman times – is both a journey through its millennial history and the vivid present that is based on active life, tradition and rich offer of food and wines.

One of the many interesting ways of getting to know Krk is visiting the Zipline Edison – a unique attraction positioned on Treskavac curve, near the Glagolitic Path.

Zipline adventure named “Canopy Tour” is one of a kind adventure that includes ATV drive to the Zipline start followed by more than 2 kilometres long ZipLine descent with a view of the sea and the spectacular karst landscape.

During October “Krk Food Fest – Flavours of the Fall” takes place on the Krk island, gathering 15 best restaurants on the island. One of them is Restaurant Rivica (Waterfront) seated at the very seafront of small fishermen town Njivice, and it has been there ever since 1934. Rivica is one of the best Croatian fish restaurants, that relies on the few local fisherman boats and their catch of the day. We recommend that you let yourself be pampered by the pleasant and very helpful staff and let them guide you through the menu with their wise advises.

Recommendation:

The restaurant also comprises a winery, so make sure you take home a bottle of wine. The in-house wines include an excellent home-made Malvazija from white wine sorts, as well as Geržinić coupage made from a variety of red wines.



THE OPATIJA RIVIERA

MATULJI & RIJEKA

THE ANGELS RANCH
HELICKULTURA

RIJEKA ECoC 2020

DAY 6



THE OPATIJA RIVIERA

MATULJI & RIJEKA

THE ANGELS RANCH
HELICKULTURA

RIJEKA ECoC 2020

DAY 6

Spend a day in Matulji and Rijeka!

Do you want to go horseback riding and bring your children along, so they can meet these beautiful animals? Do you know a disabled person who would benefit from therapeutic riding?

Then visit The Angels Ranch, located not far from Opatija, which will surely connect you with nature. If you attend the educational workshop on goat milking, we promise that you will also have a good laugh. Here you can also buy goat milk and cheese.

After a pleasant time spent at the ranch, we suggest you visit the family-run business Helickultura, whose core business is escargot snail farming, that is raising land snails throughout their biological cycle. You will be able to taste some of the samples!

Use your afternoon to be the guest of Rijeka, the biggest Croatian port and the European Capital of Culture in 2020. In the year of carrying this prestigious title, Rijeka will present its customs, events, and artists through an exuberant cultural program. Explore the details at www.rijeka2020.eu/en



THE OPATIJA RIVIERA

GORSKI KOTAR:

FUŽINE

ADRENALINE PARK

VRATA

DAY 7



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GORSKI KOTAR:

FUŽINE

ADRENALINE PARK

VRATA

DAY 7

Explore the mountain part of the region!

We suggest a trip to the hinterland of Rijeka and Opatija, to a small town of Fužine surrounded by the picturesque mountains, silent thick woods, and beautiful lakes.

Here you can visit the Vrelo cave. With a previous announcement and reservation, you can also visit "City of Roswell" – a little town built for the purpose of filming the Winnetou movies – where you can participate in the entertaining cowboy activities. Or you can simply relax, walking or riding in a romantic carriage along the shores of Bajer and Lepenica lakes.

In the close vicinity of Fužine, in the village Vrata, you'll find a small fun-park with a wide variety of adrenaline games that will satisfy everyone's inner child.



THE OPATIJA RIVIERA

GOODBYE!

DAY 8

After breakfast, check out from the hotel.



European Regional Development Fund

Excursions

THE CATCHING OF THE KVARNER SHRIMP

MOŠĆENIČKA DRAGA

The Shrimps from the Kvarner Bay are a highly appreciated sea delicacy, distinguishable for their size and reddish colour, their thin shell and particularly tasting meat. Set out on a quest for this often sought-out ingredient of many high-end meals and get to know the everyday life of the fisherman in Opatija.

On the first day, visit a home of local fishermen who will explain the techniques behind catching shrimps and all the ropes around it. Before setting out to sea, all the traps must be mended, the weather forecast has to be thoroughly examined and the boat equipment needs to be prepared. Between all those chores, take a break while having a fishermen's "marenda" (brunch) – raw and fresh shrimps with just a few drops of olive oil and lemon juice – or the so-called "buzara" (shrimp stew).

On the second day, the fishermen will take you on an 8-hour catching adventure, where you will learn how to set traps and how to lift the traps with the loot.



Excursions

STAND UP PADDLE BEGINNERS COURSE MAROTTI WINDSURF CENTER, VOLOSKO

Set off to Volosko and have fun in Marotti Windsurf Centre with Stand Up Paddle – the courses of paddling a surfboard.

SUP TOUR (2h)

This tour takes place on the relation Volosko - Opatija.

While paddling, we will enjoy Kvarner Bay's natural beauties, with a different and unique perspective on Opatija, along with having a great exercise for the entire body.

SUP yoga (1h)

Try this exceptionally fun and challenging course led by yoga instructor in the Preluk bay, near Volosko. SUP yoga classes are available in the afternoon hours during the week, as well as in the morning and afternoon hours during the weekends.

SUP RENTALS (1h)

If you feel like it, you can try Stand Up Paddle every day, either alone or in the company of friends.



Excursions

FOOD TASTING EVENT MICHELIN STAR DINING EXPERIENCE DRAGA DI LOVRANA

Restaurant Draga di Lovrana, seated at the foothill of Učka mountain, is the proud owner of Michelin star and a part of the prestigious JRE association composed of the most creative chefs from 16 European countries.

Here you can try fish and shrimps caught in Kvarner bay by small family boats, prepared under the guidance of chef Deni Srdoč. This young chef presents dishes which are the fusion of traditional and Mediterranean tastes, with a strong influence of the Italian and French cuisine. Choose a menu with at least one of his signature dishes while enjoying great wines, all set against the amazing view of the Kvarner Bay.

Recommendation

Make sure to be there at sunset!



Calendar Of Events

END OF SEPTEMBER, BEGINING OF OCTOBER

Lokve | CAVE NIGHT

A night tour of the Golubinjak woods and the Lokvarke Cave – the deepest cave in Croatia – under the lights of torches. After the tour, all the participants will be offered a cep omelette and tea.

FIRST WEEKEND IN OCTOBER

Kastav | BELA NEDEJA FETE

Kastav is proud of its Bela nedeja Fete, the biggest town tradition going back more than 600 years. This event, that takes place every first weekend in October and celebrates new wine with rich additional programs, attracts tens of thousands of visitors from all generations.